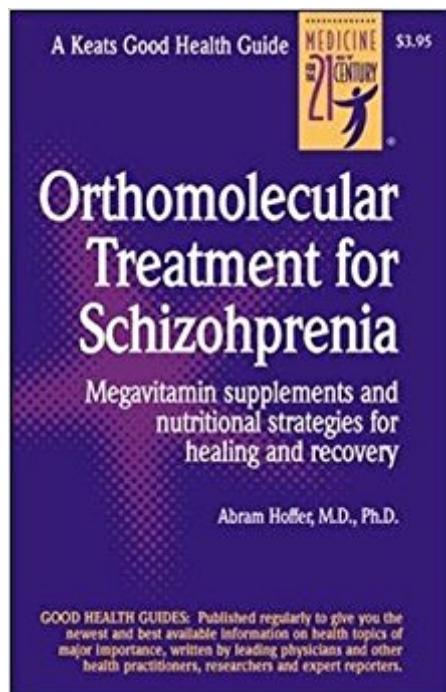


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# Orthomolecular Treatment For Schizophrenia



## Synopsis

Orthomolecular medicine can be effective in the treatment of schizophrenia, a mental disorder often treated with drugs. Deficiency often plays a major role in the onset of this condition. Thus, nutritional supplementation is integral to Dr. Hoffers approach to schizophrenia. This short, concise guide explains how the disorder is diagnosed, what causes it and how to effectively treat it without drugs.

## Book Information

Series: Good Health Guides

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Average Customer Review: 4.5 out of 5 stars 70 customer reviews

Best Sellers Rank: #310,729 in Books (See Top 100 in Books) #81 in Books > Health, Fitness & Dieting > Mental Health > Schizophrenia #110 in Books > Health, Fitness & Dieting > Nutrition > Vitamins & Supplements #234 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage

## Customer Reviews

THE MAGIC OF ORTHOMOLECULAR TREATMENT - Orthomolecular treatment of schizophrenia is a comprehensive approach that includes megavitamin therapy, nutrition, and counseling of both patient and family members. This guide, written by a cofounder of orthomolecular psychiatry, outlines the strategies you will need to get an informed diagnosis, proper treatment, and appropriate, flexible follow-up for the schizophrenic patient.

McGraw-Hill authors represent the leading experts in their fields and are dedicated to improving the lives, careers, and interests of readers worldwide

This is a very useful book. It gives general information about schizophrenia and specific nutritional deficiencies or excesses, and offers very detailed treatment plans. It would be just as useful for someone with a non-medical background who wanted to help themselves or a family member get

control of this debilitating disease.

Valuable information for those who have a loved one who has been "tranquilized" in our world of prescription drugs. Healthy Vitamins to add to the daily regime of meds with the potential to lower dosages of the anti-psychotic drugs. Please research the author(s) writings as other books are available pertaining to other ailments we suffer from in our daily lives. Don't be afraid to approach your MD or find an Orthomolecular Physician who can assist you. I am so grateful for the discovery of Niacin(B-3) and my excitement led me to share with other family members. We are all enjoying a better quality of life. I also highly recommend "Orthomolecular Medicine For Everyone" by Abram Hoffer, MD, PhD & Andrew W. Saul, PhD

Information book and provided good information. Arrived as expected I don't know why I have to write a bunch of things in order to review a product I don't like that part of the review process

I just received it today and jumped into reading it, it is very good little book and contains very useful information for me as I now can be quite confident to convince my best friend who is schizophrenic and his family to let him take it. I do believe that it would help him recover. It makes me feel so happy thinking about that. This book is just an evidence in paper and ink, in fact, I have been searching on Orthomolecular therapy for a while and my best friend has secretly taken it as my advice and it has been two weeks so far since he took it on and he has showed significant improvement! I strongly recommend this for people who suffered or have their family member or their friends suffering from schizophrenia.

My son was diagnosed with schizophrenia at age 18. He was hospitalized and released. He was taking resperidol and it stopped working. Doctors put him on another med which didn't work. I started doing some Internet research on alternative choices and came across orthomolecular medicine for schizophrenia. We read the books and contacted an orthomolecular psychiatrist in our area and my son started on the supplements right away. He felt better within a day. He returned to his original medication as well and he is feeling better than ever. His personality is back his symptoms are minimal. He's going to school and working. He's more organized. He's thinking and planning his future. He's laughing and engaged with others. This has been a life changing experience for him and everyone in our family. I urge everyone who has the diagnosis to read the books and contact an orthomolecular doctor.

It's a relatively easy read but I was hoping for more in-depth information and specific guidelines. Instead it reads more like a second rate essay paper. Most of which could have been said with few words and pages. Is it no wonder orthomolecular medicine is not being taken serious enough in Allopathic traditional ( Chemical) medicine that cures nothing and poo poos everything nutritional.

My friend who has been taking a hallucinogenic psychiatric drug and has been suffering for years on it never received any help or understanding from her psychiatrist or any other healthcare professional until she read this book. She now knows how to help herself with vitamin C and can stop the horrible side effects of her meds.

A pioneer in the treatment of schizophrenia using a natural approach. Sound research and a must to read for people/MD's interested in the topic. I have used many of Hoffer's approach, as well as recent research, on psychiatric conditions and addictions.

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